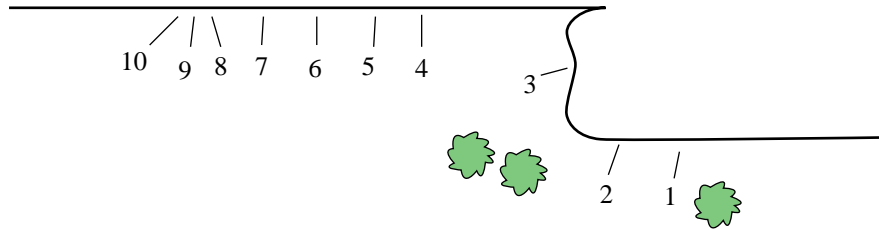


Gardener's Wall

You'll find here really featured face climbs. They have been bolted for kids which explains the closely spaced bolts. It seems that many adults enjoys those climbs too...



- | | | |
|-----------------------------|--------------------------|-------|
| 1. Fiberglass Undies | <input type="checkbox"/> | 5.10c |
| 2. Bucket City | <input type="checkbox"/> | 5.10b |
| 3. Weed 'Em and Reap | <input type="checkbox"/> | 5.10b |
| 4. I Must Mention Gentians | <input type="checkbox"/> | 5.10a |
| 5. Horroculture | <input type="checkbox"/> | 5.8 |
| 6. Pocket Full of Worms | <input type="checkbox"/> | 5.9 |
| 7. Gardener's Question Time | <input type="checkbox"/> | 5.9 |
| 8. Rocky Road | <input type="checkbox"/> | 5.9 |
| 9. Pothole Alley | <input type="checkbox"/> | 5.9 |
| 10. Unknown | <input type="checkbox"/> | 5. |



and



Your Climbing Gym
678-8803

present

a selection

of

Sport

climbing

in

Grassi Lakes

Grassi Lakes, Alberta



Grassi is the locals favorite. Drive and walk included, you'll be to the crag in 15 minutes from downtown Canmore. Good when you're short on time, when the weather is unsecure or simply when you want to crank on steep climbs. Some of the walls are really featured and get pretty steep. The classic Meathooks is as steep as 5.11a gets.

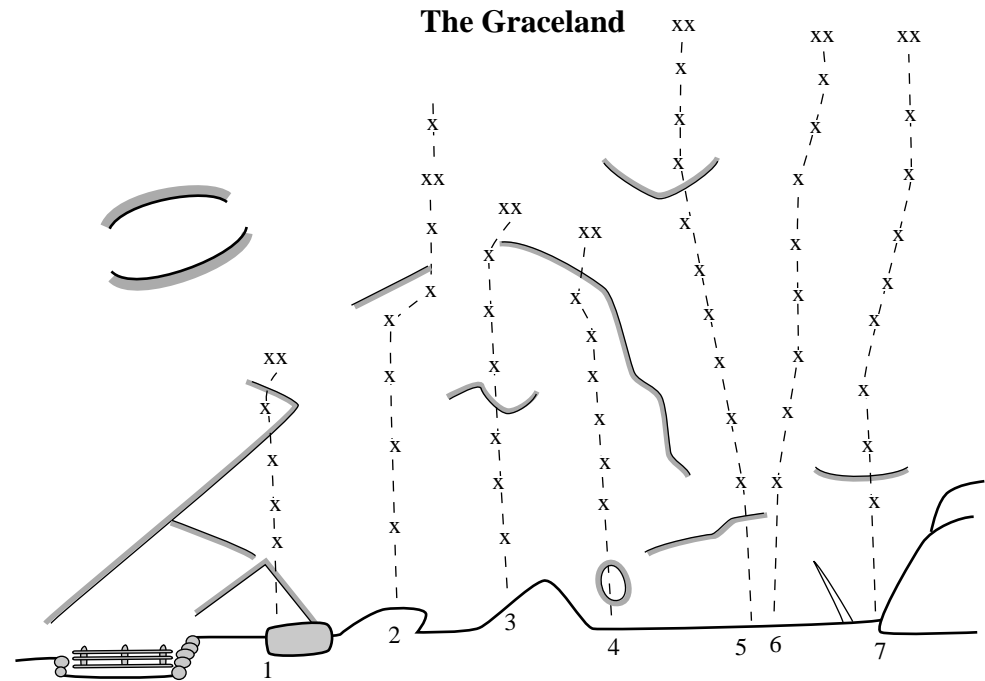
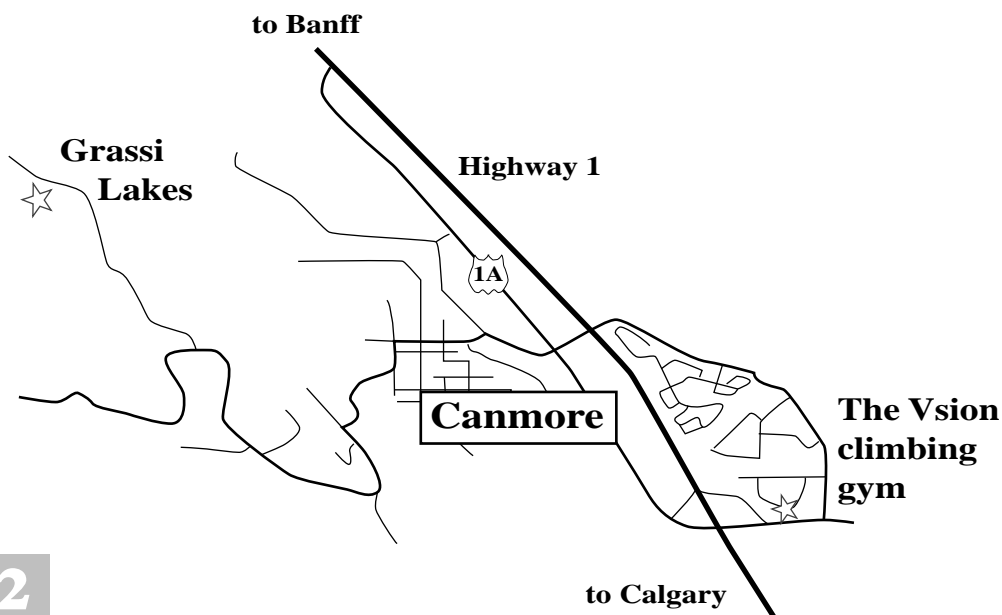
How to get there: From the Highway 1 take the exit to Canmore Town Center. Drive through Canmore on the Main Street then follow the indications to the Nordic Center and Spray Lakes. After a hill you'll make a right (still following the signs) and you'll drive pass the Nordic Center. Shortly after, the pavement ends. Keep driving on the dirt road for 3.1 km. Park on your left at a really large pullout. Usually there are many cars parked there and it is really easy to find. Do not park in front of the gate of the dam's service road. You cannot see the cliffs from the road as they are downhill. Walk back to the gate and go down the slope. The Ghetto is the first cliff to your left and the others are further down. See page 4 for an overview.

When you are at the gate, you're facing a series of peaks. The one to the right is Chinaman's Peak and hosts Sisyphus Summit. With 21 bolted pitches (mostly 5.10s) this is the longest sport route North of Mexico. A must do (on warm days).

When: Grassi is one of Canmore's warmer cliff. The seasons vary every year but the prime time is between June and September.

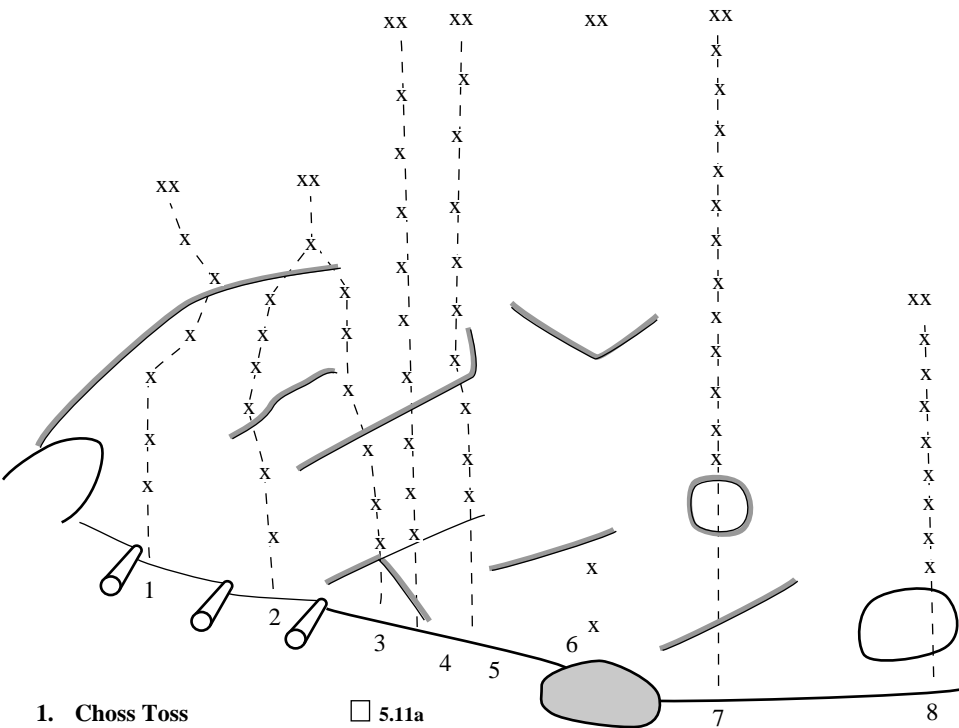
Eat and sleep: Get our Climber's Guide to the Canmore Area.

Reference: Sport Climbs in the Canadian Rockies by John Martin and Jon Jones, Rocky Mountain Books.



- 1. **You Ain't Nothin' but a Hang Dog** 5.10d
- 2. **Memphis** 5.10d
- 3. **Graceland** 5.10d
- 4. **Elvis Lives** 5.10c
- 5. **Heartbreak Hotel** 5.11a
- 6. **Sunglasses and Sideburns** 5.10c
- 7. **Honeymoon in Vegas** 5.10d

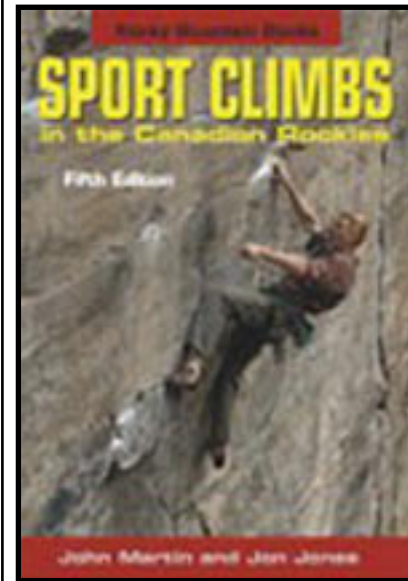
Meathooks Area



- | | |
|--------------------------|--------------------------------|
| 1. Choss Toss | <input type="checkbox"/> 5.11a |
| 2. Meathooks | <input type="checkbox"/> 5.11a |
| 3. Stormtroopers in Drag | <input type="checkbox"/> 5.11b |
| 4. Holey Shit | <input type="checkbox"/> 5.11c |
| 5. The Harlot | <input type="checkbox"/> 5.11d |
| 6. Unknown | <input type="checkbox"/> 5. |
| 7. B60 0F0 | <input type="checkbox"/> 5.12- |
| 8. Khalak min al Gabal | <input type="checkbox"/> 5.11- |

Sport Climbs in the Canadian Rockies

by John Martin and Jon Jones



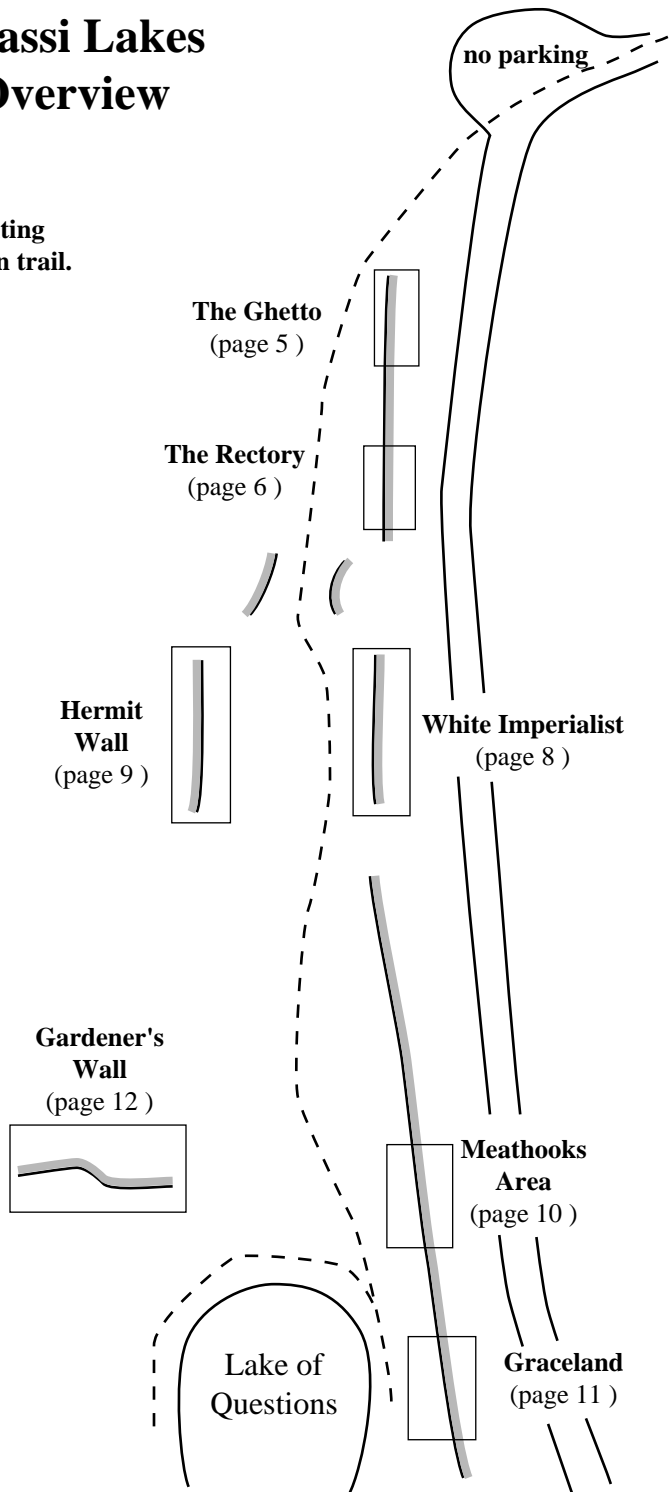
A must-have, the 5th edition of this popular guide has 368 pages and contains over 1800 climbs in the Lake Louise and Banff areas, the Bow Valley, the Ghost River and Kananaskis Country.

Includes the popular multi-pitches of Ha Ling Peak and over 40 crags in the Rockies.

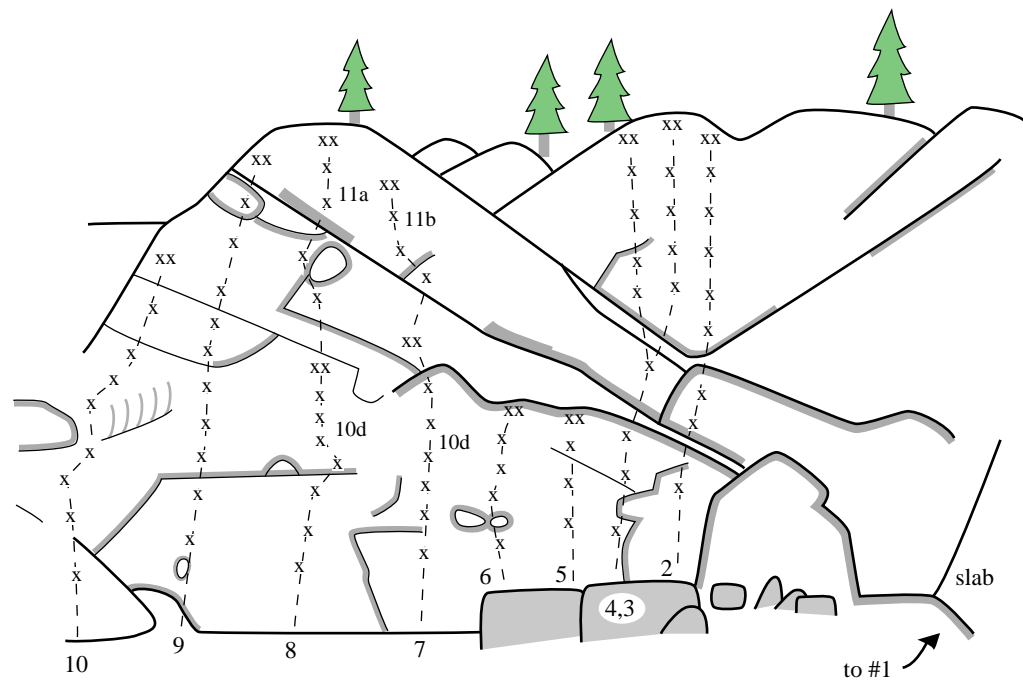
Available for 29.95 in most climbing shops or on www.rmbooks.com

Grassi Lakes Overview

Help preventing erosion, stay on trail.



Hermit Wall



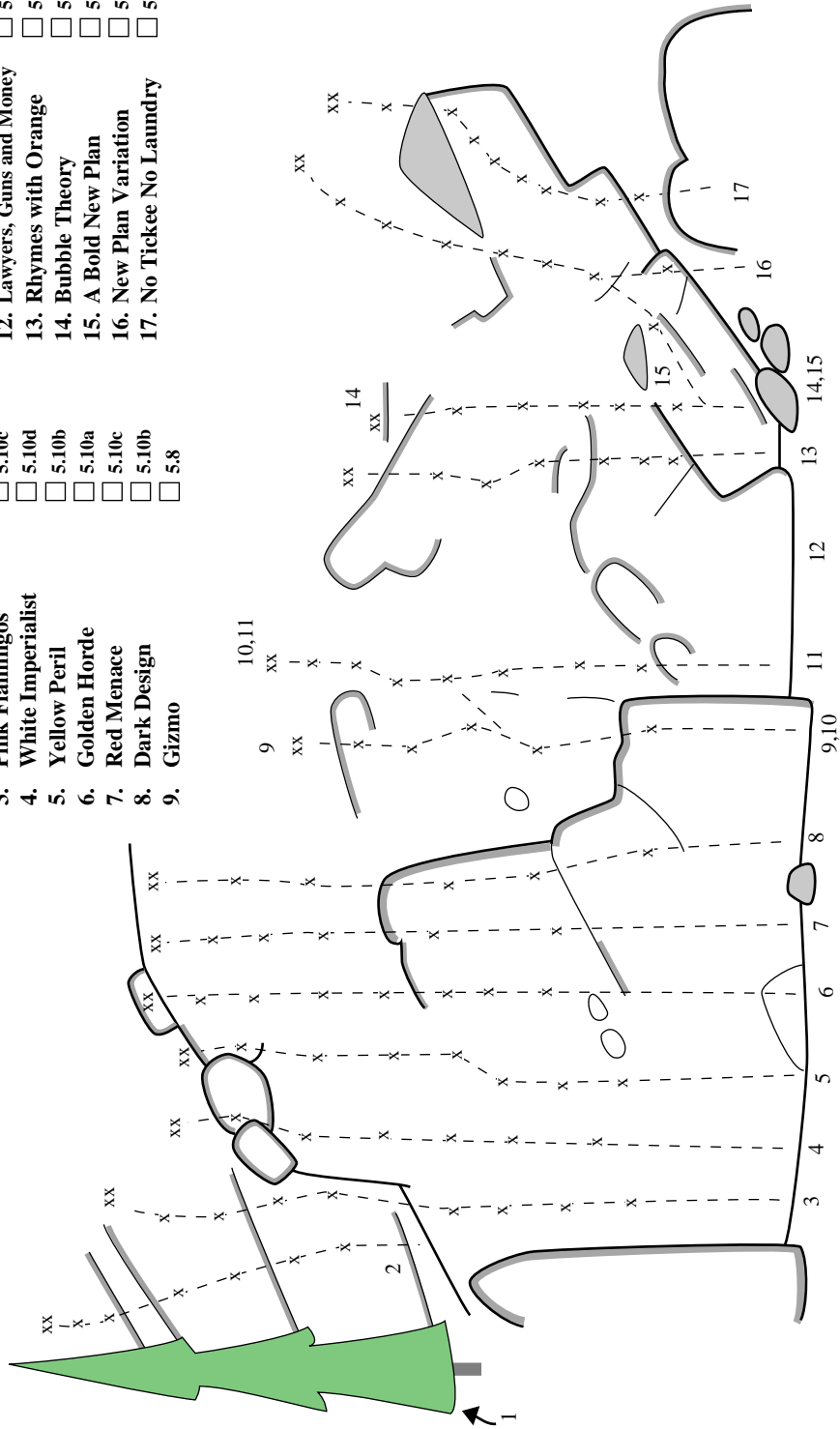
- | | |
|---------------------|--------------------------------|
| 1. Cry Wolf | <input type="checkbox"/> 5.10c |
| 2. Green Room | <input type="checkbox"/> 5.11a |
| 3. Unknown | <input type="checkbox"/> 5.? |
| 4. Mr. Manners | <input type="checkbox"/> 5.11a |
| 5. Say It Ain't So | <input type="checkbox"/> 5.10c |
| 6. The Eyes Have It | <input type="checkbox"/> 5.10b |
| 7. Ain't It Hell | <input type="checkbox"/> 5.11b |
| 8. Silk | <input type="checkbox"/> 5.11a |
| 9. Dakar | <input type="checkbox"/> 5.11d |
| 10. Cold Fusion | <input type="checkbox"/> 5.10d |

White Imperial

- 1. Carom
- 2. Spin
- 3. Pink Flamingos
- 4. White Imperialist
- 5. Yellow Peril
- 6. Golden Horde
- 7. Red Menace
- 8. Dark Design
- 9. Gizmo

- 5.10b
- 5.10b
- 5.10c
- 5.10d
- 5.10b
- 5.10a
- 5.10c
- 5.10b
- 5.10b
- 5.8

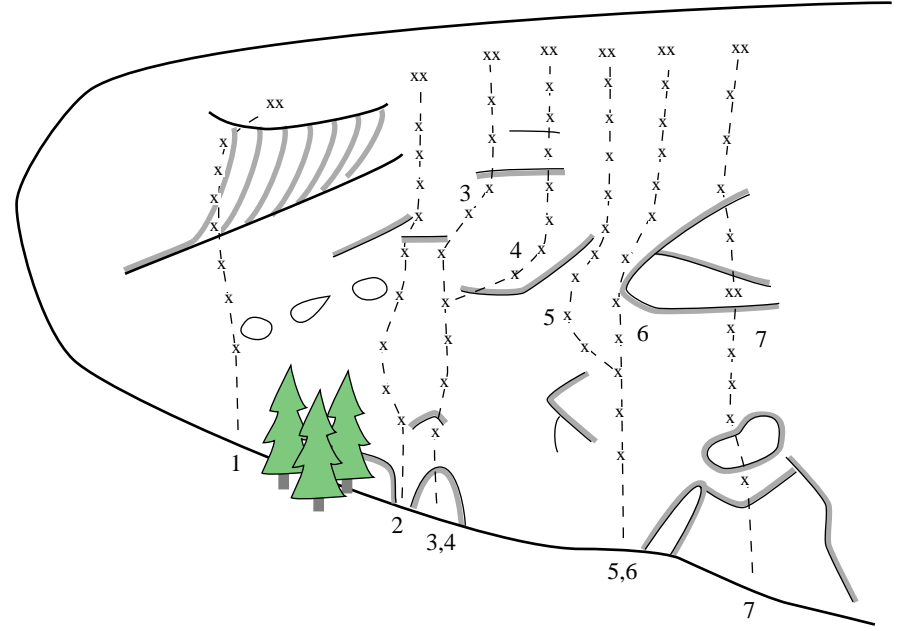
- 10. Homer Downs a Duff
- 11. Johnny Mnemonic
- 12. Lawyers, Guns and Money
- 13. Rhymes with Orange
- 14. Bubble Theory
- 15. A Bold New Plan
- 16. New Plan Variation
- 17. No Tickee No Laundry



White Imperialist

The Ghetto

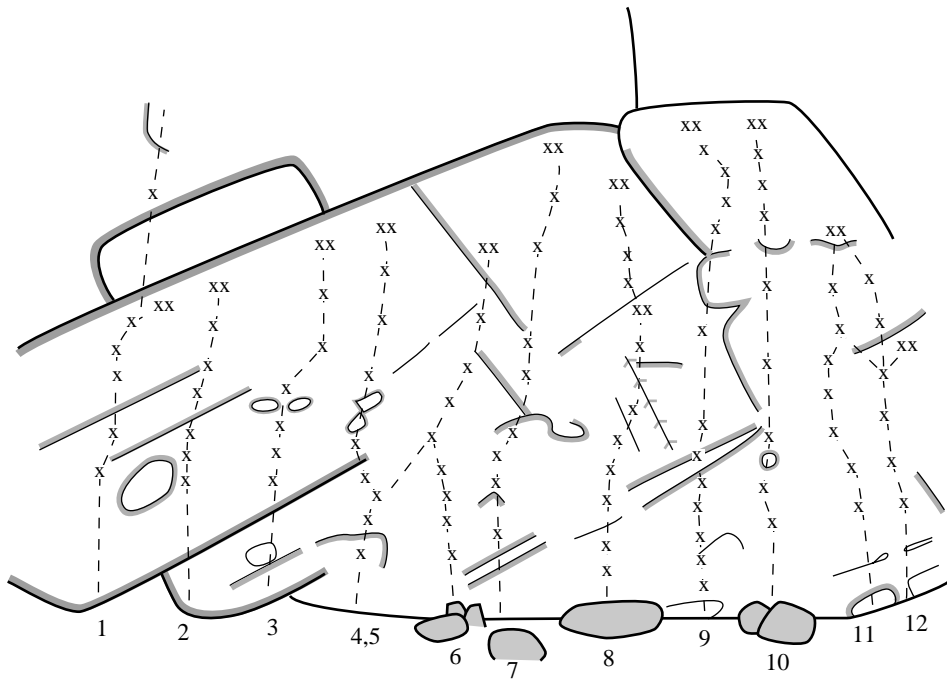
The Ghetto is the first cliff on your left when you walk down the steep slope. All the climbs here are really good.



- 1. Raw 5.12a
- 2. Lush 5.12a
- 3. Touch 5.11b
- 4. Coming Through Slaughter 5.11d
- 5. Radio Flyer 5.12a
- 6. Voice of Fire 5.12a
- 7. Le Nettoyeur 5.12a/b

The Rectory

The Rectory has the highest concentration of 12s in Grassi. On your left, the first time you get to level between 2 slopes.



- | | | | |
|-------------------------|----------------------------------|--------------------|----------------------------------|
| 1. Two Different Worlds | <input type="checkbox"/> 5.12b | 7. The Gimp | <input type="checkbox"/> 5.12d |
| 2. Blood of Eden | <input type="checkbox"/> 5.12a | 8. Unknown | <input type="checkbox"/> 5. |
| 3. Soft Machine | <input type="checkbox"/> 5.11c | 9. Full Tilt | <input type="checkbox"/> 5.12c/d |
| 4. Cool Sensation | <input type="checkbox"/> 5.12a | 10. Nice Try | <input type="checkbox"/> 5.12b |
| 5. Blunt | <input type="checkbox"/> 5.12a/b | 11. Massive Attack | <input type="checkbox"/> 5.12c |
| 6. Blunt Direct | <input type="checkbox"/> 5.12c | 12. Fuel | <input type="checkbox"/> 5.12c |

The VSION Climbing Gym. (403) 678-8803

Open 5PM to 12PM (3PM on rainy day), only \$10 for a drop in. Get yourself The VSION Wings of Desire T-shirt and save 20% on drop in anytime. Bring your meat and have a barbecue on Saturdays!